

## Simulant medication prescribing policy

Stimulant (ADHD) medications are controlled substances, which means that additional rules and laws apply when prescribing and your child will need to be seen more frequently in follow up. Typically children do very well when on a stable medication dose but we need to monitor their weight, blood pressure, sleep and any potential side effects.

Please note the following:

- After ADHD medication initiation or significant dose changes, your child will need to be seen in office one month later.
- If the dose remains stable, your child will need to be followed at 3-6 month intervals.
- Medication **cannot** be prescribed if your child has not been seen physically in our office within the last 6 months. A routine well visit counts as one of these follow up appointments. You can make an appointment with any of our providers.
- ADHD medications are prescribed as separate monthly prescriptions of 30 pills each. We cannot legally write for refills. When you call your pharmacy for more medication, please ask the pharmacist to check for separate electronic prescriptions if you are told that no refills are available.
- Please send us requests for medication through MyChart at least 3 business days in advance of when you will need the medication.